

# STROUD DISTRICT COUNCIL

## HOUSING COMMITTEE

18 OCTOBER 2022

<b>Report Title</b>	<b>Health &amp; Wellbeing Plan 2022-25</b>			
<b>Purpose of Report</b>	To provide a focus for priorities in the current Council Plan and Leisure & Wellbeing Strategy that impact health and wellbeing. This plan provides more detail about priorities that have previously been agreed by Full Council.			
<b>Decision(s)</b>	<b>The Committee RESOLVES to adopt the Health &amp; Wellbeing Plan 2022-25.</b>			
<b>Consultation and Feedback</b>	The overall priorities have been consulted upon as part of previously agreed plans and strategies.			
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<b>Options</b>	None.			
<b>Background Papers</b>	None.			
<b>Appendices</b>	Appendix A – Health & Wellbeing Plan 2022-25 Appendix B – Physical Activity Plan 2022-25 Appendix C – Equality Analysis Form			
<b>Implications (further details at the end of the report)</b>	Financial	Legal	Equality	Environmental
	Yes	Yes	Yes	No

### 1. INTRODUCTION / BACKGROUND

- 1.1 Supporting the health and wellbeing of residents is a fundamental reason for the existence of district councils. Stroud District Council creates a Health and Wellbeing Plan to pull together the golden thread of health and wellbeing that runs throughout the work of the council.
- 1.2 While this document cannot mention every piece of work that impacts wellbeing, it does include key priorities from the current Council Plan and other relevant strategies that support the health and wellbeing of Stroud residents.

### 2. MAIN POINTS

- 2.1 The Health & Wellbeing Plan 2022-25 contains priorities taken from:
  - The Council Plan 20
  - The Leisure & Wellbeing Strategy
  - Housing Strategy
  - Physical Activity Plan
- 2.2 The Plan outlines three approaches that underpin the Council's Health & Wellbeing work:
  - Focusing on population health data and local intelligence from partners to identify areas of healthy inequality and prioritise Council efforts where they will have the

greatest impact. A strong partnership with NHS Gloucestershire (formerly known as Clinical Commissioning Group) support this work through their improved data systems. Partnerships with Community Hubs and agencies working closely in our neighbourhoods provides us with local intelligence and a 'true' picture of the district.

- Moving to an 'Asset-Based' approach when working with communities so residents are more involved decisions and local action in their neighbourhoods. This approach is less about doing 'to' and more doing 'with' our communities.
- Using the '5 Ways to Wellbeing' as a well evidenced approach to wellbeing interventions. If an initiative enables people to CONNECT, STAY ACTIVE, TAKE NOTICE, LEARN or GIVE - then it will benefit their wellbeing.

**2.3** The outcomes of the Health & Wellbeing Plan will be monitored in annual reviews. The document explains that each priority comes with several actions, some of which will develop over the three years. Success will be measured in ways that are appropriate to each priority. Health and wellbeing is a complex issue and requires all kinds of approaches. As such, measurement of success will take a variety of forms.

**2.4** Examples might be numerical gains like numbers of new affordable homes or properties ready to let. Some success might be new partnerships like those between health services and Community Hubs. Some will be improved health outcomes, like increased wellbeing scores for people taking part in our Healthy Lifestyles Scheme. A lot of our success will be measured through case studies of people impacted by our work, like the young people taking part in our Eating Disorders forum.

**2.5** The current council plan 2021-2026 has 3 priorities: 1. Community resilience and wellbeing, 2. Economic recovery and regeneration and 3. Environment and climate change. The Health and Wellbeing plan sits under the Community Resilience and Wellbeing priority which is influenced by the 20 year Leisure and Wellbeing strategy.

**2.6** The Health and Wellbeing and Physical Activity action plans illustrate our focus over the next three years and relates directly to the following five health and wellbeing themes.

- Community Resilience and Wellbeing
- Healthy, Affordable Homes
- Supporting Better Mental Health
- Encouraging Physical Activity
- Healthy Ageing

### **3. CONCLUSION**

**3.1** Post-COVID and now in a cost of living crisis, the need to work effectively with partners and communities has never been more critical. The Health and Wellbeing Plan 2022-25 pulls together work from across the Council that impacts the district's wellbeing through practical, environmental and social support.

**3.2** Adopting the Plan enables the Council to develop and monitor interventions across service areas in the next year three year period.

### **4. IMPLICATIONS**

#### **4.1 Financial Implications**

There are no direct financial implications as this report is to determine the priorities of the Health & Wellbeing Plan, which has previously been agreed as part of existing plans and

strategies. Any potential expenditure plans will need to be outlined in future reports to this Committee.

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#### **4.2 Legal Implications**

There are no legal implications arising from the recommendation to adopt the Plan. If required, legal advice and support will be sought on actions arising from the Plan.

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#### **4.3 Equality Implications**

An EqlA, found at Appendix C, has been carried out by Officers in relation to the decision made in this report and due regard will be given to any implications identified in it.

#### **4.4 Environmental Implications**

All priorities in this Plan have previously been agreed as part of existing plans and strategies. As a result, there are no new environmental implications.